# SOUTH PARK HIGH SCHOOL LUNCH MENU

# **MARCH 25 - APRIL 19**

Mr. Brandon Smoker Food Services Director (412) 655-3111, extension 2930 brandon.smoker@sparksd.org

	March 25	March 26	March 27	March 28	March 29
Blue & White Entree		Bacon Cheese- burger w/ Chips	Grilled Cheese w/ Tomato Soup		
Grille Feature	NO	Chicken Sandwich	Chicken Nuggets	EARLY DISMISSAL	NO
Pizza	SCHOOL	Cheese / Pepperoni	Cheese / Pepperoni	Grab 'n Go	SCHOOL
Grab & Go Deli		Assorted Wraps	Assorted Wraps		

	April 8	April 9	April 10	April 11	April 12
Blue & White Entree		Chicken Sliders w/ Fries	Italian Hoa- gie w/ Soup & Chips	General Tso Chicken w/ Fried Rice	Pittsburgh Chicken Salad
Grille Feature	EARLY DISMISSAL	Spicy Chicken Sandwich	Jumbo Pretzels w/ Cheese	Cheese- burgers	Mozzarella Sticks
Pizza	Grab 'n Go	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni
Grab & Go Deli		Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps

	April 1	April 2	April 3	April 4	April 5
Blue & White Entree		Chicken Drumsticks w/ Corn	Deluxe Chicken Sandwich	Nachos Grande	Max Pizza Sticks
Grille Feature	NO	Spicy Chicken Sandwich	Cheese- burgers	Corn Dogs	Chicken Patty Sandwich
Pizza	SCHOOL	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni
Grab & Go Deli		Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps

	April 15	April 16	April 17	April 18	April 19
Blue & White Entree	Macaroni & Cheese	Chicken Parm w/ Pasta	Chicken Burrito Bowl	Boneless Wings	Grilled Cheese w/ Tomato Soup
Grille Feature	Chicken Patty Sandwich	Corn Dogs	Cheese burgers	Spicy Chicken Sandwich	Mozzarella Sticks
Pizza	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni	Cheese / Pepperoni
Grab & Go Deli	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps	Assorted Wraps

#### **What Makes A Meal?**

A student must take 3 of the 5 components to make a meal under the National School Lunch Program.

1. Grains

2. Vegetables

3. Fruits

4. Dairy

5. Meat/Protein Alternative

A student <u>must take</u> a fruit or a vegetable.

## **Meal Prices**

SPHS Lunch Price \$2.70 Reduced-Price Lunch \$.40

Free & reduced-price meal applications available on sparksd.org

### Reminders

Salad Bar Available Daily

A la carte items are not included with free or reduced-price meals.

**Daily Milk Choices** 

Low Fat White Fat Free Chocolate

USDA is an equal opportunity provider and employer.

Menus Subject to Change.